

New Christ Church Primary School  
Anti-Bullying Policy

This policy was written and agreed by the School Council on 28<sup>th</sup> April, 2006.

We think that bullying is something where you physically or emotionally hurt someone else again and again. Having arguments with friends is **NOT** necessarily bullying.

Some examples of bullying:

- ✓ Kicking, punching and fighting
- ✓ Peer pressure - ganging up on people
- ✓ Stealing
- ✓ Name calling
- ✓ Spreading rumours
- ✓ Teasing people

Bullying can make you feel:

- ✓ Unwanted
- ✓ Left out
- ✓ Distraught
- ✓ Lonely and not knowing what to do
- ✓ Different and out of place
- ✓ Depressed
- ✓ Like you don't want to come to school

If you think you are being bullied, you should:

- ✓ Tell an adult - your mum, dad, family, teachers, Head Teacher
- ✓ Express your feelings

If you are being bullied, the school will:

- ✓ Talk to you
- ✓ Listen to you
- ✓ Try to help stop the bullying
- ✓ Help you at playtimes
- ✓ Tell your parents

We think there isn't much bullying in our school, because we all try to care and trust one another.